

# Laser Spa Group

## Your Laser Training Clinic

### ***Laser Spa Group's Training Program***

Courses are offered in Laser Hair Removal, and BBL/IPL (Broad Band Light/Intense Pulsed Light) for Skin Rejuvenation, and have been designed for those students with the appropriate pre-requisites, including aestheticians, electrologists, other laser system operators, nurses, cosmetologists, medical personnel/assistants and physicians. Laser Spa Group is operated under the supervision of Bozana Skojo, MS, CLS, who has been specializing in laser hair removal procedures for 12 years, and an experienced aesthetician for 17 years.

### **Why Participate in this Course?**

*This industry we participate in is highly skilled and professional, however we believe to ensure good and safe client care for cosmetic light treatments (i.e. hair removal and skin rejuvenation) we need to have in place minimum professional standards of practice.*

*This course gives a solid grounding in the understanding of laser light and intense pulse light, how it works, an overview of skin and hair anatomy and physiology, best practice, thorough documentation, safety, recognising potential hazards and an overview of the different technology available.*

*Delegates will be offered ongoing education and support from our company. If delegates choose to reach our certification standard, then this course is the first step in achieving this. We have an affiliation with Clarion Medical Technologies (distributor of LightSheer and many other exciting technologies). Upon completion of our Laser Courses you will have the opportunity to attend their full day classroom seminar for review of LightSheer and BBL parameters and safe start protocol, and will receive additional certification with Clarion as class times permit.*

*Our aim is to ensure that all laser and intense pulse light operators practice professionally, safely and with expert knowledge. Our point of difference is almost 20 years experience in the cosmetic/appearance industry and over 10 years of laser knowledge and expertise with lasers. We have been teaching nurses, aestheticians, electrologists and industry professionals the use of lasers throughout the last ten years.*

*We believe that ongoing support, peer review and the availability of advice from experienced operators is essential for good clinical practice.*

**For medical based aestheticians, certification in Laser Hair Removal is important for the following reasons:**

- The Spa and Medical market may require certification or some experience for employment
- To demonstrate a standard level of knowledge and competency equal to or greater than others in your field
- To also demonstrate that you are interested in maintaining higher standards in the field of Laser Hair Removal as a professional and industry expert
- To effectively limit the liability of employers

Certification and training is a method to elevate your status and legitimacy amongst your peers and future employers, and to also demonstrate competency with potential and existing government regulatory agencies. Some U.S. states and some insurance companies are requiring courses of 24-50 hours to perform procedures.

**Overview:**

Our 2 Laser Training Programs - **2 Day 12 Hour Introduction to Laser Training and Safety Program** and our **2 Day 12 Hour Advanced Hands-On Laser Training** will give an introduction and overview of how Lasers and IPLs work, including the physics of Lasers and IPLs. We will discuss the most commonly used dermatologic Lasers and their parameters. An overview of skin and hair, parameters for permanent hair reduction will be discussed and presented. The lecture will include Laser skin interaction, skin typing, operational and treatment safety measures including ANSI, and the Laser Safety Officer. We will discuss the management and treatment of adverse events. We will discuss the benefits, expected results and outcomes, and available alternative treatments. Focus on patient consultation, selection and education, contraindications and precautions, safety and efficacy issues, as well as hands-on practical experience.

## **Objectives:**

### **Participants will be able to;**

- Describe the mechanism of action of Lasers
- Discuss the patient selection process and indications and applications for use
- Describe the benefits, expectations, and results associated with treatments
- Discuss the contraindications, precautions and safety issues
- Discuss and demonstrate proper techniques for application and operation of the Laser
- Describe measures to minimize complications and sub-optimal results
- Demonstrate proper management and treatment of complications

Students will receive a course manual, marketing tools, consultation book, necessary supporting forms and templates such as history, consent and policy/procedure.

## **Introduction to Laser and Laser Safety Curriculum : 2 Day 12 Hour**

Upon successful completion of this course you will be able to take our **Advanced Hands-On Laser Training Course**

**Pre-requisite:** Aesthetics Diploma, Aesthetics Certificate, Skin Care Certificate, R.N, or Electrolysis Diploma. Mature Student 18 and over are always welcome, and will need a pre-screening evaluation.

**Duration:** 12 Hours

**Evaluation:** Theory & Practical Assessment

**Cost:** \$995

This course of study includes, but not limited to:

### **I. Laser Physics, Laser Safety and Contraindications**

**A. Laser Physics: What Makes the Laser Work**

- B. Laser Safety: Treatment Protocol and Proper Eyewear
- C. Contraindications: Treatment Precautions in Regard to Laser

**Course Objective:** To instruct students the importance of laser physics, safety and any contraindications that may arise in a treatment setting. This course must apply first for the safety and welfare of both student and the instructors.

## **II. Patient Selection, Tissue Interaction, Theoretical and Practical Basis for Laser Hair Removal**

- A. Patient Selection: Which Patients Will or Will Not Benefit
- B. Tissue Interaction: What to Expect on the Skin
- C. Theoretical and Practical Basis for Laser Hair Removal: Clinical Aspects

**Course Objective:** Finding the correct parameters for a patient can be a valuable tool in providing a treatment that is both effective and tolerable. Students will be able to review tissue interaction in relation to the laser treatment, prior to hands-on application.

## **III. Hair and Skin Analysis, Hair Biology and Growth Cycles, Causes of Excess Hair and Different Types of Hair**

- A. Hair Analysis: What Type of Hair Will Benefit the Most
- B. Skin Analysis: What Type of Skin Will Benefit the Most
- C. Hair Biology: History of the Hair
- D. Hair Growth Cycles: Anagen, Catagen and Telogen Hair Cycles
- E. Causes of Excess Hair: Discovering the Hair Growth Disorders
- F. Different Types of Hair: Vellus, Accelerated Vellus and Terminal Hair Types

**Course Objective:** Finding the correct parameters for a patient. Skin and hair type is a necessity in providing efficacy of the laser. Student will be able to review hair biology and growth cycles and be able to determine what energy level should be used in

treating patients, and understand the causes of excessive hair growth.

#### **IV. Laser Parameters, Wavelength, Chromophores, Pulse Duration**

- A.** Laser Parameters: Learning the Intensities of Your Laser
- B.** Laser Wavelength: The Depth of Penetration Controls Laser Efficacy
- C.** Laser Chromophores: What Attracts or Repels the Laser Energy/Fluence
- D.** Pulse Duration: How to Control Treatment Via Pulse Duration

**Course Objective:** To instruct students the importance determining the proper amounts of energy, laser attraction, depth of penetration and dynamic cooling in respect to the patient's skin and hair type.

### **Curriculum: 2 Day 12 Hour Advanced Hands-On Laser Training**

Upon successful completion of this course you will be able to work as a Laser, or IPL technician in medical centres, wellness centres, doctor's offices, fitness centres, spas, salons, and so on. This 12-hour intense course, taught by an experienced laser hair removal practitioner will open the door to clinical aesthetics and the potential for very high income!

**Pre-requisite:** Laser Spa Group's Introduction to Laser and Laser Safety, Aesthetics Diploma, a Laser Technician Equivalent Certificate or Electrolysis Diploma. If you already have a certificate in laser or IPL, and wish to fast track or obtain a 'refresher' to the **Advanced Hands-On**, proof of certification needs to be submitted. Otherwise the introductory program will be mandatory.

**Duration:** 12 Hours

**Evaluation:** Theory & Practical Assessment

**Cost:** \$1,695

This course of study includes, but not limited to:

## **V. Patient Consulting, Hair Removal Modalities & FDA Clearance, History of the Laser, Policy / Procedures and M.D. Involvement**

- A.** Patient Consulting: Conducting Effective Patient Consultations
- B.** Hair Removal Modalities: Different Types of Hair Removal Modalities & FDA Clearance
- C.** History of the Laser: Introduction to Laser and IPL Modalities
- D.** Policy and Procedures and M.D. Involvement: Province, State and National Policy Review. Treatment Protocol in the Treatment Room

**Course Objective:** To educate the participants with proper protocol when working with the physician. Different hair removal modalities including an introduction to different lasers are outlined and explained, as well as insights into patient consulting.

## **VI. Hair Removal and IPL Techniques, Pre/Post Patient Care, Topical Applications and Hands-On Practice with LightSheer Laser and BBL (IPL)**

- A.** Hair Removal Techniques: A Safe Start Guide Creating Successful Treatments
- B.** Pre/Post Patient Care: Before and After Treatment Guidelines
- C.** Topical Applications: Prescription Topical Anesthetics Explained
- D.** Hands-On Practice: Working in Detail with the Patient for successful hair reduction and photorejuvenation

**Course Objective:** Hair removal techniques are outlined and explained as well as hands-on teaching in regard to patient cares, applying topical applications and pre/post patient protocol.

## **VII. Marketing & Advertising, The Role of an Aesthetic Laser Technician, Laser Equipment - Purchase or Rental, and Insurance**

- A.** Marketing & Advertising: How to Market Laser & how to Get the Most Out of Your

Advertising Dollars

**B.** The Role of an Aesthetic Laser Technician: Provide Quality Treatment Regime Involving Laser Hair Removal Procedures

**C.** Laser Equipment - Purchase or Rental: Laser Equipment profiles and Companies

**D.** Insurance: Laser Equipment and Insurance

**Course Objectives:** Sharing documented success in marketing and advertising, role of the laser technician, laser equipment and their companies, purchase or rental options and an outline regarding insurance.

## **Tuition**

Includes: study guides, work sheets, tests, consultation book, necessities and **Laser Spa Group** workbook/manual.

**1.** Full tuition for the **12 hour Introduction to Laser Training & Safety Program** is \$995 plus HST.

**2.** Full tuition for the **12 hour Advanced Hands-On Laser Training** is \$1,695 plus HST.

## **Course Schedule**

Program classes will begin every other week from January through December. **Laser Spa Group** only allows a maximum of 4-8 students per class, making the student to teacher ratio 8 to 1. We are even able to do one on one if the scheduling permits.

Depending on the prior education and experience of the applicant, the allotted time for completion of each program is as follows:

**12 Hour Introduction to Laser Training and Safety Program** - 2 days full-time from 10:00 am to 4:00 pm.

**12 Hour Advanced Hands-On Laser Training** - 2 days full-time from 10:00 am to 4:00 pm.

**Laser Spa Group** Training will be closed: New Year's Day, Family Day, Good Friday, Easter Monday, Victoria Day, Canada Day, Labour Day, Thanksgiving Day, Remembrance Day, Christmas Day, Boxing Day. **Laser Spa Group** recognizes all Religious and Ethnic Holidays.

## **Registration Fee**

A registration fee of \$500 is required with the application contract. If you are accepted to attend the training program, the registration fee will then be applied toward tuition. This fee also covers the cost of manual and materials required. A full refund will be made to those not accepted.

## **Registration**

Advance registration is imperative. Late registrations are not encouraged. Please apply for enrollment one month prior to start date by submitting a completed **Application**. The remaining monies due for training must arrive at the facility 2 weeks prior arrival date. The application contract and \$500 registration fee can be submitted by any of these 4 convenient methods.

- a. Register by mail: (Laser Spa Group, 393 King Street West, Hamilton, ON L8P 1B5)
- b. Registration by E-mail: [info@laserspigroup.com](mailto:info@laserspigroup.com).
- c. Register by telephone with a major credit card: 905-393-SKIN (7546)
- d. Register in person. Make an appointment with the office at

**Laser Spa Group**, 393 King Street West, Hamilton, ON L8P 1B5

Visa, Interac, MasterCard, Certified Cheques, Cash, and American Express accepted.

Upon receipt of the contract, **Laser Spa Group** administrators will review the application and arrive to a decision to accept the applicant. All applicants will be notified promptly in writing of their standing. All those accepted are invited to visit **Laser Spa**

**Group** with a tour of the facility and meet the faculty and administrative staff. **Laser Spa Group** encourages prospective or of Province students to visit the facility if possible.

## **Certification**

Student will receive certificate upon completion as "**Laser Technician**" upon completion of:

1. A student must have a passing grade in each course of instruction.
2. The student must have completed the required hours of instruction.
3. The student must be free of all indebtedness to Laser Spa Group.

## **Placement Assistance**

**Laser Spa Group** assists its students in locating employment opportunities, and offers advice on being a working professional **Laser Technician** and on starting a business.

**Laser Spa Group** does not guarantee job placement.

**Laser Spa Group** is dedicated to providing a high quality of care, in a confidential, comfortable and relaxed environment.

We are committed to helping students work towards achieving their goals by offering a training program with plenty of theoretical and practical instruction with personal attention to each individual. Students will develop the skills necessary to succeed in this increasingly competitive workplace.

Our open-door policy ensures that everyone that has enrolled will be offered the opportunity to come visit our location with any questions or concerns, or even a 'refresher' on our lasers.

## **Testimonials**

"The laser course I took with Bozana was not only informative, but fun also! A binder was provided with coloured charts and photos of the different stages of hair growth, the

different types of laser hair removal machines, before and after photos of actual laser clients, and much more. It was set up as a guide to use when doing consultations with clients before their laser hair removal session. During practical classes, we used this binder to practice doing consultations with each other, and again during the final exam. Along with laser, we also learned about IPL and microdermabrasion machines both in theory and in practical classes. Overall, I found this course to be beneficial as the foundations are provided before the use of any machinery, then each person gets to give and receive laser, IPL and microdermabrasion treatments."

**- Kristen Rogers, Hamilton, ON**

I was trained by Bozana on IPL, microdermabrasion, and the Light Sheer Laser in 2009 and found it incredibly informative and fun. The program included extensive hands-on training, and theory behind lasers, and their uses in the world of esthetics."

**- Courtney Woodcock, Hamilton, ON**

Hello my name is Julie Cruikshank and I took the laser hair removal course given by Bozana. This course was a very informative course and Bozana was a great teacher. The individual one on one instruction is great. It really helped me learn quickly. Bozana made the course very enjoyable and really gave me a lot of encouragement. I would definitely recommend this course for any prospective laser technician."

**- Julie Cruikshank, Hamilton, ON**

Bozana not only helped me learn about the industry, but now excel in it! Both mentor and friend, she makes you feel at ease, is approachable, and confident in what she knows and does. Will always be my reference in the 'medical aesthetics dept' for Q&A's."

**- Aisha Cowell, Hamilton, ON**

I did my laser course with Bozana. She is a really good teacher and great person too. During the course she made me, and the other students really comfortable and

confident. She is very professional with her work. I am really confident while I'm doing laser treatments on others and its all because of my great teacher and friend, Bozana."

**- Gigi Ajimal, Hamilton, ON**

Taking the Cosmetic Laser Technician course from Bozana has made a huge difference in my life. It gave me a new career path which I'm absolutely loving. I'm currently operating my own Cosmetic Laser Studio. Bozana's course taught me everything I needed to know and all the practical work we did gave me the confidence to treat all body parts and skin types with ease. I went into the course knowing very little about laser hair removal and graduated from the course with the knowledge and confidence to start my own business. Thank You Very Much Bozana!! "

**- Shelly Nobile, Huntsville, ON**

Bozana trained me for my laser certificate, and did an amazing job. The course was very rewarding and informative. Bozana is very passionate in what she does, which made it easy to be enthusiastic about this course. There is plenty of in class and hands-on training making you feel confident to apply what you have learned. I would strongly recommend this course to anyone who is considering doing this career."

**- Sarah Punter Hamilton, ON**

The knowledge I gained from taking the Laser Technician course with Laser Spa Group was priceless!!! This was an experience that went beyond my expectations and it has made me confident in starting a new business. The feedback from my clients has been amazing as they feel completely confident in my knowledge and skill to provide their laser services. This course has given me an incredible advantage and I truly believe this is the most comprehensive laser training available."

**- Ashley Brydges, Stoney Creek, ON**

The Laser Technician course offered by The Laser Spa Group is exceptional. The atmosphere is comfortable while always remaining professional. Bozana has a wealth of

knowledge that she eagerly shares with her students. She has amazing work ethic and professionalism but makes the learning experience fun. I would recommend this course to anyone. "

**- Elizabeth Lee - Hamilton**

"I am writing to thank you for the amazing experience I gained at Laser Spa Group. At first, I wasn't sure how I could possibly learn everything in such a short time frame, but I have learned so much and am so glad I chose to attend this course at Laser Spa Group. I received exceptional hands-on training with the most elite laser machine and one on one time with an expert instructor. Thank you Laser Spa Group..."

**- Veronica, Oakville, ON**

"I would like to take this opportunity to thank you for offering a class that fit into my schedule. The classes were very personal and fun as well as well informative to teach me how to achieve my goals in this line of work. There was an equal balance of both written and hands on to keep my attention.

I would highly recommend your classes for anyone who seeks a career in laser hair removal."

**- Joan Stemmer, Laser Technician**

**Laser Rentals will be offered once the student has completed the appropriate courses for certification. Please ask about our Laser Rental Program for LightSheer laser hair removal and the Sciton BBLs for Photorejuvenation.**